



adjust your lifestyle™

# FDA Science and Mission at Risk

*A must read if you take prescription  
or over the counter drugs*

Before you take another pill of any kind, you must read the 60 page report published by the FDA entitled *FDA Science and Mission at Risk*. In this report the FDA, the Food and Drug Administration, declares itself unable to fulfill its mission. Here is a summary of their 12 point self audit that, in their own words says, “The nation is at risk...”. The following are exact quotes from the report:

1. “The FDA cannot fulfill its mission because its scientific base has eroded and its scientific organizational structure is weak”
2. “The FD cannot fulfill its mission because its scientific workforce does not have sufficient capacity and capability”
3. “The FDA cannot fulfill its mission because its information technology (IT) infrastructure is inadequate”
4. “The FDA does not have the capability to ensure the safety of food for the nation”
5. “The development of medical products based on ‘new science’ cannot be adequately regulated by the FDA”
6. “There is insufficient capacity in modeling, risk assessment, and analysis.”
7. “The FDA science agenda lacks a coherent structure and vision, as well as effective coordination and prioritization.”
8. “The FDA has substantial recruitment and retention challenges.”
9. “The FDA has an inadequate and ineffective program for scientist performance.”
10. “The FDA has not taken sufficient advantage of external and internal collaborations.”
11. “The FDA lacks the information science capability and information infrastructure to fulfill its regulatory mandate.”

12. “The FDA cannot provide the information infrastructure support to regulate products based on new science.”

The FDA is a 102 year old agency and these problems did not occur overnight. As its responsibilities grew, the FDA’s infrastructure deteriorated. As a consumer, before you ever take another drug, you must seriously consider that the drug you are taking may cause you serious harm. Every drug, even if it’s necessary to save a life, has harmful side effects.

Think about the drug ads that you see on TV, hear on the radio or read in magazines. Close your eyes and listen to the severity and extent of the side effects that are being announced while the happy smiling people dance around in a beautiful green field. If you want to stay healthy over the course of your entire lifetime, you must become conscious of this drug reality and consider lifestyle changes along with holistic health care, such as chiropractic, as your primary option.

Another serious concern about drug testing is the fact that it only takes 8 years for a drug to be approved by the FDA. The side effects and the testing are not designed for long term usage. For example, if you start taking a drug for a health problem at 40 and it was only tested for 8 years, this will take you to age 48. If you continue for another 10, 20, or 40 years, you could be setting yourself up for severe consequences and side effects which may include heart attacks, strokes, kidney failure and dementia.

So many health problems can be solved by changing your lifestyle and seeking chiropractic care. Even more importantly, so many health problems can be prevented. Make Lifestyle Care your top priority and turn your medicine chest into a bathroom cabinet. You’ll love the extra space and the new level of health you experience.